

- 1** I can demonstrate, with some accuracy and success, basic skills and techniques in passive practices. I can apply basic tactics in passive practices.
- 2** I can demonstrate, with some accuracy and success, skills and techniques across a variety of activities in moderately pressured practices. I can apply tactics with some success.
- 3** I can demonstrate, with some accuracy and success, skills and techniques across a variety of activities in high pressured practices. I can apply tactics across a variety of activities with some success.
- 4** I can demonstrate, with some accuracy and success, skills and techniques across a variety of sports in competitive activities. I can apply tactics in competitive activities with success.
- 5** I can demonstrate, with consistent accuracy and success, skills and techniques across a variety of sports in competitive activities. I can apply complex ideas and tactics to activities and games.
- 6** I can demonstrate, with consistent accuracy and success, a range of appropriate skills and techniques in challenging activities. I can make effective decisions and apply a range of ideas and tactics in challenging activities. run.
- 7** I can demonstrate, with precision, control and fluency, an extensive range of appropriate skills and techniques in challenging activities. I consistently make effective decisions and can apply a range of ideas, solutions and tactics in challenging activities.
- 8** I can demonstrate, with consistent precision, control and fluency, an extensive range of appropriate skills and techniques in very challenging activities.
- 9** I can demonstrate, with outstanding precision, control and fluency, an extensive range of appropriate skills and techniques in exceptionally complex and challenging activities.